

The nature of consciousness underlying existence

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Summary. During conversations with beings from the Zeta race, they expressed their understanding of a number of processes in consciousness. We learned that several aspects of consciousness are potentials until instantiated by the processes of creation and perception. By extrapolation, we conjecture that consciousness itself is a potential until it is needed, and so has no limits.

1. Introduction

Extraterrestrial beings speaking through the medium, Paul Hamden, gave us much information about their race, their understanding of existence, and their interactions with the human race. They said their home planet is somewhere in the Zeta Reticuli star system, and so we say they belong to the Zeta race. They have a physical existence, but can also be in full awareness with the mind separated from the physical body. The Zetas have a way of life that humans can experience only at a rudimentary level in altered states of consciousness. Transcripts of conversations with the Zetas are documented in several books.

The Zetas introduced us to a cosmology based on consciousness. They described a version of reality in which all mental events, including physical experiences, occur in an abstract “consciousness space”. Their information offers an all-inclusive, consistent understanding of existence.

Consciousness is defined as a non-local, universal, creative life force. All that exists is configurations of the energy of consciousness, even inanimate objects having no obvious means to communicate. A Zeta said, *“These supposedly inanimate objects are conscious things, and the difference is in the level that you communicate with them, as you are only a construct of matter as they are a construct of matter ... Matter at its basic level is consciousness.”* Living entities exhibit a class of consciousness that is self-aware; that is, they know that they are aware. All are facets of source or total consciousness. Some are familiar to us as spirits or souls.

Consciousness is a word that can have different meanings. The Zetas’ information included their understanding of various attributes of total consciousness. The following sections discuss these attributes and attempt to refine our understanding of what the Zetas mean by consciousness.

2. Some properties of consciousness

Consciousness was said to be analogous to a single waveform that represents all that is. All things that exist, including our familiar three-dimensional spatial environment, are configurations of consciousness. An entity's thought is a temporary configuration of the waveform. It takes on a more permanent existence when the entity's intention causes it to be encoded as a component of the waveform. The original thought is experienced again by the entity's awareness when it is decoded by the perceptual process.

The creations in consciousness are organized according to a dimension of vibration. The dimension has an ordinal scale where a given vibrational state is higher or lower than another. A rational scale like frequency that assumes time is not possible. Time cannot participate in the definition of consciousness since the dimension of time is a construct in consciousness.

Every conscious entity exists in a limited range of these vibrational states appropriate for that individual. The entity has a position on the dimension beyond which it cannot go. This position is known as its *highest possible vibration*. The range of vibrations encoding our physical universe is known as the etheric realm. The *highest possible vibration* for humans usually restricts us to these vibrations and enables us to experience physical matter encoded with only the physical vibration.

Conscious entities create with a process that is analogous to making a simple physical hologram. States of consciousness, ordered according to their vibrational level, are analogous to the spectrum of light. The vibrational energy of a being's highest possible state of consciousness corresponds to the particular colour of light used to make the hologram. When there is the appropriate intention, this vibrational energy is modulated by the being's thought of a desired object. The modulated energy is combined with the unmodulated energy to produce a representation analogous to the interference pattern of the hologram. This representation is preserved in a construct of consciousness analogous to the hologram's photographic plate. The Zetas refer to this substrate as a multidimensional grid (Treurniet and Hamden, 2018, "*The holographic principle*").

A creation is experienced anew when it is acted upon by a being's perceptual process. Like creation, perception is an intrinsic function of consciousness. Perception transforms the information encoded in the interference pattern into the discrete thought that created it. Like the virtual image of a physical hologram, the thought is recovered by "illuminating" the stored pattern with the unmodulated vibration of consciousness that participated in the creation process. The thought is reconstructed in the perceiving being's consciousness so that it becomes part of its experienced reality. Other beings who have access to that vibrational state can reconstruct the

same thought. In our etheric realm, matter is experienced when patterns encoded in the physical vibration of consciousness are transformed by the perceptual process.

Different kinds of consciousness potentials can be realized when the creative process is invoked by a being's intention. A Zeta explained that matter is "*a development of consciousness ... a conjoined process of smaller levels of potentials. Potentials are used as the device mechanisms for experiential processes.*" Some of the consciousness potentials are the sensations elicited in a perceiver by the perceptual process. The experience of colours and other sensations such as taste and smell are irreducible properties of consciousness. In general, the experience of one's environment is a dynamic conglomeration of consciousness potentials (i.e., sensations) instantiated by the perceptual transformation process.

Objects experienced as matter persist as quantized holographic patterns in the grid. The Zetas refer to these patterns as quanta. The quanta specify the detailed properties of physical bodies such as chemical composition, shape, position, and other physical attributes. A change in the quanta is immediately reflected in the experience of the perceptual transformation.

Other realms are said to exist in consciousness. For example, many humans are aware of the astral and the spirit realms. Each has a particular vibration, and inhabitants of each may experience different infrastructures and rules of behaviour analogous to our laws of physics. As in the etheric realm, matter can be experienced in these other realms as well when their higher-vibration quanta are transformed by the perceptual process to consciousness potentials.

3. What is consciousness?

A Zeta said, "*We are all the same, seeking to understand the 'highest nature', the Creator, the non-local, universal, creative life force.*" They would not speculate on how the Creator brought forth itself. In the Zeta cosmology, the Creator is presumed to be the total consciousness from which all else ensues. A deeper understanding of the nature of consciousness may come from reflecting on the properties of the Zeta cosmology.

The following is a list of the proposed attributes of source, or total, consciousness. The first six attributes are global properties, while the last three are specific processes intrinsic to consciousness. The processes depend on the preceding global properties, but are equally important to the Zeta cosmology.

3.1 Attributes of consciousness

Existence - All that is possible already exists. A Zeta said, “*Consciousness has all information, but how consciousness reveals it to itself is a different process, nothing is created.*” That is, things not yet revealed via the creation process could be described as potentials in consciousness.

Wholeness - The source consciousness is a single entity containing all of creation. Separation is an illusion experienced by individual inhabitants of realms. A Zeta said, “*The void is a living entity of total consciousness, oligarchical in nature, and is partially living as an experience in separation, through illusion, of self through the vesture of matter. Each separation of consciousness is layers to perform many functions. Some levels of consciousness pervade the worlds of matter, whereas others are multifaceted in energetic form, each having the ability to exist as a race of beings in every form.*” In a similar vein, they said, “*Source consciousness has within it definitive barriers and boundaries for what may exist. There is nothing that can be created that is outside of it, all forms, all shapes, all existence is determined by this process. All matter would disintegrate without this. There would be no planets, there would be no universe, it is held together by consciousness.*” There is an “*energetic field that 'is and always is'.*”

Malleability - Consciousness is configurable. Configurations may be entities such as realms and the created quanta experienced as matter. With the heterodyning process, consciousness is reconfigured to transfer information between processes or effect change (Treurniet and Hamden, 2017, “*Heterodyning vibrational states*”).

Vibration - The vibrational states in consciousness enable distinctions to be made. The dimension of vibration is correlated with affective states. Low vibrations are experienced as negative emotions such as sadness and fear. Higher vibrations are experienced as love by humans and as a state of harmony and stillness by Zetas.

Resonance - A Zeta’s explanation of resonance was understood to be the result of the heterodyning process which was acknowledged to occur in consciousness. They said, “*If two entities are to come together, two different frequencies, then the frequencies of the two entities must change so they can be conjoined and resonate together... one must reduce, the other must increase... until they are in harmony together.*” As in the heterodyning process, any two frequencies may “*come together*” to produce an output dependent on the two inputs. The increasing and reducing frequencies mentioned by the Zeta would refer to the sum and difference heterodyning frequencies, respectively. A state of resonance exists when both entities shift to the difference heterodyne frequency or state of vibration. In this state, the entities “*are in harmony together*”. Further evidence that the Zeta had heterodyning in mind is the phrase, “*If two entities*

are to come together”. This implies intention, the non-linear device required for heterodyning to occur.

Without the non-linear element of intention, the two frequencies or vibrations would simply sum. When in phase, one frequency will either reinforce or interfere with the other. That is, their amplitudes would sum so that the resultant is greater or less than each amplitude individually. So to achieve resonance in this way, two entities would need to raise and lower their vibrations while seeking the optimal phase relationship. *“One must reduce, the other must increase... until they are in harmony together.”*

An entity may be unable to achieve resonance with a particular energetic area of consciousness. This would indicate that the entity has encountered a boundary that cannot be penetrated. The entity’s consciousness could then identify the object in question. A Zeta said, *“At the basic construct of matter, it is held together by consciousness. The source entity, if you wish to say, understands form.”* Consciousness recognizes the object and its extent, it *“understands form”*.

Potentials - Consciousness has potentials that include the felt sensations known as qualia. A Zeta said, *“There is a standardized process within consciousness for a trace that allows you to have a perception of what is bound to your physical reality.”* The perceptual process transforms quanta and instantiates the appropriate consciousness potentials so that sensations are experienced.

Grid - The grid in consciousness may be used as a medium for telepathic communication. It is also a substrate for quanta so they may persist and be experienced by many entities. A Zeta said, *“The grid is like a fluctuating wave vibrating through the universe. It holds all space and time. ... It is a manifestation of universal energies, everything has a resonating grid – every specific energy has its own grid. ... The grid emanates from each planet but is also joined as one. Every physical individual item has its own grid and links into the main grid, everything is all! ... But for the grid to be in its true state, there is no form for the grid.”* It holds space and time in the physical vibrations of the etheric, astral and spirit realms of our universe (Treurniet and Hamden, 2018, *“Vibration is multidimensional”*). The grid also extends into the physical realms of the Zeta collective consciousness, and likely other realms not known to us. The grid has no form in its *“true state”*, suggesting that it is then a potential in consciousness. Pieces of it are instantiated when needed to support newly formed quanta resulting from the creation process.

Creation - The creation process occurs at the available vibration. Creation is the instantiation in quanta of a thought which already exists in source consciousness as a potential (see **Existence**).

Perception - The perceptual process of an entity transforms created quanta into consciousness potentials. The transformations may be experienced by entities who have access to the

vibrational state of the quanta, and so share a consensus reality. Alternative consensus realities exist at different vibrations in consciousness.

Intention - The intentions of entities instigate certain non-linear interactions between different configurations of consciousness. Normally, waveforms do not interact as they pass through each other, and a detection device would measure the linear sum of the two waveforms. However, the processes of creation and heterodyning, for example, require modulation of one waveform by another. Intention is the device that produces such non-linear interactions in the energetic environment.

3.2 An insight into the nature of consciousness

The attributes of consciousness discussed above are organized in Table 1. They are grouped intuitively as general properties in the left column, more specific properties in the middle column, and processes intrinsic to consciousness in the right column.

Table 1. Essential attributes of consciousness

General attributes	Specific attributes	Intrinsic processes
Existence	Vibration	Creation
Wholeness	Resonance	Perception
Malleability	Potentials	Intention
	Grid	

The *general attributes* column says that consciousness is configurable, and that all possible configurations exist simultaneously as potentials in a unitary concept.

The *specific attributes* column says that source consciousness has fundamental properties analogous to the properties of an acoustic or electrical wave. For example, a segment of the one waveform representing all that is might represent an entity that has a particular vibrational state. Its vibration may or may not resonate with another entity represented by a different segment. The entities may see themselves to be “in separation”, contrary to the conclusion drawn from the *general attributes* column. Heterodyning of vibrations may occur, as in radio circuits designed by humans. Built into total consciousness are potentials. These are an entity’s experience of sensations when activated by its perceptual process. Finally, an all-pervasive grid exists that is a

potential in consciousness. It has no form until it supports configurations of consciousness such as quanta.

The *intrinsic processes* column lists fundamental operations in consciousness. These are the tools available to consciousness so it can have experiences. A Zeta said, “*All beings are of a life force nature, striving for experience, comparison.*” These tools function in the context of the attributes listed in the first two columns. When an entity has the proper intention, a relatively permanent representation of its thought is placed in the grid at the entity’s level of vibration. The representation is decoded by the matching perceptual process. The result is activation of appropriate potentials in consciousness that are the sensations of the entity. Other entities at the same level of vibration may also perceive the creation and share in the consensus reality defined by that vibration.

What can one say about the nature of consciousness beyond what we now know of its attributes? In the discussion of those attributes, the word ‘potential’ was employed several times. In particular, (a) all that could ever be already exists as *potentials* in consciousness, (b) the grid of consciousness is a *potential* until it serves a purpose such as supporting newly created quanta, and (c) the experience of sensations results from activation of appropriate *potentials* in consciousness. This leads to the conjecture that consciousness itself was/is the instantiation of a potential and its functions should have no limits.

4. Conclusion

The Zetas viewed consciousness as “*a non-local, universal, creative life force*”. This definition appears compatible with the list of attributes gleaned from our conversations with them. We learned that elements of consciousness are potentials and remain so until needed by the creative process. By extrapolating from the list, we conjecture that consciousness itself is a potential.

5. Bibliography

Treurniet, W. C. and Hamden, P. *A primer of the Zeta race*, Ed. 15, Copyright Hamden & Treurniet, 2017.

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