

# The role of the multiverse in human existence

William Treurniet, February, 2024

***Summary.*** *Conversations with beings of the Zeta race revealed that the incarnation process is more complex than is usually assumed. During an incarnation, facets of a spirit entity known as shards exist on many asynchronous timelines in a multiverse. Each timeline experiences a level of vibration different from all the others. A shard on one timeline can resonate with the memories of a shard on another timeline, but cannot create new experiences there. A higher-self in the spirit realm would benefit from the cumulative experiences of shards incarnated at many different levels of vibration. A Zeta described another phenomenon, the déjà vu experience, as an event experienced in one timeline that is in resonance with a different timeline. Although it is novel, the event may seem very familiar if it was recently 'recalled' in the other resonating timeline. The multiverse construct may also account for the imagery in some dreams. When the dreamer has no control over the direction taken by the dream, they may be resonating with memories created by a shard on another timeline. In contrast, the dreamer in a lucid dream can control the dream content. Such dream imagery cannot originate in another timeline of the multiverse, but likely has more in common with the out-of-body experience in another realm.*

## 1. Introduction

Beings of the extraterrestrial Zeta race described via the medium, Paul Hamden, a spirit realm construct in the energy of consciousness created long ago that is still part of the human experience. A much older, advanced race of beings created a formation of matter and split it into many streams known as timelines. These formed a multiverse, not to be confused with the multiverse proposed by human physicists today. The timelines are asynchronous and independent of each other, and each has a vibrational level different from the rest. Therefore, the physical processes in one timeline do not affect those in other timelines. The creators of the multiverse have long protected it from other races who would take control of it as their own.

The Zeta said of the multiverse creators, “*The [process] of universal re-creation was their doing.*” Further, the multiverse exists for “*the purpose of evolution and creation.*” In other words, physical entities were to be re-created for the purpose of evolution. The timelines were meant to participate in the incarnation process in order to facilitate the evolution of consciousness.

A known exception to the use of the multiverse for this purpose is the Zeta race. Its creator, the non-physical race of Blue Beings, chose to place the Zeta race on only one of the timelines where it would control its own evolution. As a result, the Zetas’ knowledge of how the

multiverse is used by the spirit realm is theoretical. Much of it came from simulations of the multiverse with Zeta technology.

The incarnation model described by the Zetas includes a novel mechanism for the déjà vu phenomenon, and offers a distinction between ordinary dreaming and lucid dreaming.

## **2. The incarnation process**

The spirit is said to be a facet of a higher-vibration entity in the spirit realm known as the higher-self. Humans who favour the reincarnation view say that the same spirit is reborn many times to have a human experience. During its existence on Earth, it communicates sensory information to the higher self. The human eventually dies and the spirit consciousness returns to the spirit realm. Subsequently, the spirit animates a different human body using the spirit realm infrastructure intended for that purpose, and the process repeats.

Spirits undergoing that process would be unable to arrive at the Zetas' theoretical perspective of multiple timelines. The experience of an individual timeline is unlikely to suggest the existence of the multiverse. When a reborn human demonstrates knowledge of the experiences that took place in an earlier lifetime, it is usually attributed to the simple linear reincarnation process.

Our conversations with the Zeta beings indicated a more complex process. According to their theoretical understanding, incarnation is a non-linear process involving a cosmology that is much more complex than normally envisaged. The role of the multiverse in the incarnation process was discussed in Treurniet and Hamden (2022, Chapter 17).

According to the Zeta model, there are multiple facets of the higher-self known as 'shards'. Each shard is assigned to a different timeline to be born in a physical body. They said, "*If the spirit realm is the onion, the timeline processes are the individual layers.*" The timelines are independent and asynchronous, and so a life on one timeline cannot physically influence a life on another timeline. However, consciousness is not under the same constraint, and so a consciousness local to one timeline can be aware of a consciousness on another timeline.

In this more elaborate incarnation process, a higher-self consciousness would live many lives simultaneously but asynchronously as shards, each on a timeline of a different vibration. However, an incarnated shard does not see itself as having multiple simultaneous existences. Each shard views itself as a lone entity that is sometimes aware of a relationship with the higher-self. However, from the point of view of the higher-self in the spirit realm, there is but one experience with many perspectives. These perspectives are furnished by the shards living on the timelines. During the incarnation, the spirit's higher-self accumulates the experiences occurring on many vibrational levels.

An incarnation is undertaken in order to raise the overall vibrational state of the higher-self. The details of the shards' lifetimes would be of much less importance than the changes in vibration resulting from those experiences. The overall change in vibration of the higher-self would be a function of the individual changes in vibration experienced by the shards in the multiverse.

### **3. Examples of timeline resonance**

A human becomes aware of another timeline when there is a leap of consciousness to that timeline. This becomes possible when one timeline resonates with another (Treurniet and Hamden, 2022, Chapter 17). Resonance is more likely to occur when the identities of the humans are the same. When resonance occurs, the visitor to a timeline cannot create new experiences in the visited timeline. The leap of consciousness is to a perceptual transformation already completed by the consciousness on the visited timeline. The visitor can passively monitor the experiences already generated by the perceptual process of the inhabitant of the visited timeline. A sequence of experiences by the visitor is achieved by leaps to successive memories of past perceptual transformations by the being on the visited timeline. The experience of the visitor is reminiscent of a passive replay of memories.

An experience of two superposed timelines happened to the author in 2012. Before dawn in a dream-like state, he became very much aware that he was looking through the eyes of another version of himself. From that first-person point of view, he was having a conversation with his wife. They had a very good relationship in the life that he knew, but in the dream she said things that were not at all consistent with that relationship. She said she had been with someone else "who was able to give me what you never would." There was also an unspoken understanding that he had just returned from a country in Africa where he had been for about a year. In the life that the visitor knew, he had never been to Africa. He was aware of his wife asleep beside him as well as the other version which had quite different feelings about him. The other version had the platinum blonde mop hairdo of 30-40 years ago that he remembered, as well as the teeth she had then before they were straightened. These differences suggested that the timeline into which he had intruded lagged the one he knew by 30-40 years.

Another example of superposed timelines occurred much later in 2019, sometime before dawn as he dreamt about buying a car. He found what seemed like a good deal and agreed with the salesman to come back to close it. He then went for a ride with the dealer's employee in the car. He asked the employee what he thought about the current car offerings, and he was told that next year's car model, 2018, would be wider. It is possible with this data to identify the timeline when the events in the dream happened. They appeared to have occurred in 2017, since the driver had

said that next year's cars would be the 2018 model. That date lagged 2019, the time of the dream, by about two years.

The experiences happened during dream-like states. Such altered states would be required in order to be aware of events in other timelines having different vibrational states, according to the Zetas' view of human incarnation.

#### **4. Déjà vu effect**

Déjà vu is the feeling of having experienced a sequence of events already, especially when it seems impossible. A Zeta described how the ability to resonate with another timeline of the multiverse may cause this to occur (Treurniet and Hamden, 2022, Chapter 17). They said, *“As you change frequency you move closer to the other parallel timeline, the existence that you as a faceted person have possibly experienced before, and that way you sense reality that you have never encountered before, but it is familiar to you.”* When asked if it were possible to see into the other timeline, the Zeta replied, *“Yes, through consciousness, of course, through controlling the process to understanding the mechanics.”*

The Zeta said that consciousness can be aware of events in other timelines. The déjà vu experience can happen when a current timeline lags another similar timeline with respect to a particular event. The event in question has already been transformed to sensations by a person's awareness in the other timeline. The human counterpart in the current timeline resonates with the other timeline and 'recalls' the event already experienced there. Consequently, the event seems familiar to the person when it happens on the current timeline.

#### **5. Implications for dreams**

As discussed in Treurniet and Hamden (2022), it is possible for the consciousness of a being on one timeline to resonate with the vibrational state of another timeline when the identities of the beings correspond. Further, when such resonance occurs, the consciousness of the being may visit the resonating timeline. However, the visitor cannot transform quanta on the visited timeline to sensations. No new experiences can be generated by the visitor. The implications for interpretation of dreams is evident. Most dreams that people have while in the altered state could be likened to memories unfolding. The events are typically not under the control of the dreamer. Given the Zetas' model of the multiverse and the possibility of resonance of timelines, dreams could be visits to other timelines where experiences of another version of the dreamer are 'recalled'.

On the other hand, a lucid dream is distinguished from such dreams by the control the dreamer has over the sequence of events in the dream. Clearly, the lucid dream cannot be like the

uncontrollable dreams that appear to be encoded as memories in other timelines. The dreamer has control over the course of the lucid dream and, by implication, the perceptual process that decodes quanta in the dream. The lucid dream has been compared to an OBE at times, although the psychological impact is not as powerful. Waggoner (2009) quoted other researchers that 39% of 452 lucid dreamers also reported having OBEs, so the same people may say they have both experiences. A lucid dream is more like an OBE than a simple monitoring of memories in another timeline. Like an OBE, the experience of a lucid dream more likely takes place in the astral realm where quanta can be transformed to sensations and new experiences generated.

## **6. Bibliography**

Treurniet, W. C. and Hamden, P. *A Primer of the Zeta Race*, Lulu Press Inc., Morrisville, North Carolina, [Online] [www.treurniet.ca/zetacom/zetaprimer.htm](http://www.treurniet.ca/zetacom/zetaprimer.htm), 2022.

Treurniet, W. C. and Hamden, P. *Zeta science for humans*, Lulu Press Inc., Morrisville, North Carolina, [Online] [www.treurniet.ca/zetacom/zetaprimer.htm](http://www.treurniet.ca/zetacom/zetaprimer.htm), 2023.

Waggoner, R. *Lucid Dreaming: Gateway to the Inner Self*, Moment Point Press, Needham, MA., 2009.