A barrier to communication with extraterrestrial races

William C. Treurniet and Paul Hamden, October, 2015

Extraterrestrial races have made their presence known to many people over the years. They show their craft in the sky, they allow people to experience their presence occasionally nearer to earth, and they have communicated with us via the consciousness of a properly prepared medium. In particular, beings from the Zeta race speak through the medium, Paul Hamden, and have told us what we need to know in order to understand why they are here.

We learned through the Zetas that extraterrestrial races exist in physical form like us, but often having a different vibrational state. There are also so-called interdimensional races that do not take physical form but "are out of 'frequency' with your current processes. They live their own lives around you, there are many beings doing this, you only believe what you see." We also learned of the existence of a cooperative organization consisting of both interdimensional and matter races. A Zeta said, "All races have a common goal, to be one with each other, in a communion."

It is human nature to suggest that the extraterrestrials are interested in the planet's human and natural resources, and that they are therefore a threat to our independence and security. The Zetas agreed that this possibility exists with a few races, but they also tell us that we are being supported and protected by many other races. They, themselves, are primarily interested in helping us help ourselves so that we can communicate with them more efficiently. As a first step, they want us to overcome what appears to be a natural barrier to communication with the extraterrestrial races.

This natural barrier is differences in states of consciousness. A being is characterized by the state of consciousness that it has achieved. State-of-consciousness is a dimension that is equivalent to the dimension of love. So, a particular state corresponds to an ability to love unconditionally. Some beings have little ability to love, while others are full of love. The state of consciousness or love is like a tuning mechanism in the communication process. Two beings with widely differing states of consciousness cannot communicate easily.

Because the older races have high states of consciousness compared to the human race, we have difficulty communicating with them. However, the Zetas say that the human collective consciousness is in the process of moving to a higher state of love. In fact, at some point it is expected to be "restructured by a single thought, if not a collective thought of one mind." A flash of self-awareness in the collective consciousness will begin an accelerated increase in self-awareness and ability to love. The shift in state of consciousness will eventually allow the watching extraterrestrial races to communicate naturally with us. A Zeta said, "It has been seen that this one race will develop into a higher level of consciousness, it will define the new behaviour of the race and then, that will provide an entry point for other races to have physical contact to a larger degree with you as a race."

But this shift in the state of the human collective consciousness is not expected to happen soon. As explained by a Zeta, "The collective mind is in disarray. Much of the anger, many of the violent tendencies, are the collective mind of the race, it is not with love. This undulating mass of thought must be controlled, it is not to be allowed to filter out and touch other races. Any races who are observing the mass in their mind, in focus area, do so knowing that it is for the benefit of a race. It is not a task easily undertaken to project love towards anger, to control what will not be controlled, to hold in your hand a

potential of a race. That is why there is work from within and without. Beings who come to this form can only change while they are in this form. Externally, a race may only be held in focus."

The Zetas are confident that the collective consciousness of the human race will rise to a level that will allow communication with extraterrestrial races. However, it is strongly affected by negative thoughts and emotions, and the extraterrestrial races are doing what they can to change that in two ways. First, while in the form of their own race, they project love toward the human collective consciousness by holding it "in focus". Second, a being from an extraterrestrial race is able to incarnate in a human physical body by forming a hybrid consciousness with a spirit from the spirit realm. As much as 30 percent of humanity has such a hybrid consciousness at this time. According to the Zetas, the extraterrestrial races "are to incarnate as human beings and then to project a stabilizing force into the collective mind of the human race." The extraterrestrial races can work in human form to raise the state of the human collective consciousness.

We may expect profound changes when the shift occurs. The Zetas "believe a future event will cause matter to become non-matter." This may mean nothing more than that we will acquire the ability to enter a state of separation at will, much like the Zetas do now. They are able to exist in full awareness as a consciousness separated from the physical body. Along with the shift in consciousness will come corresponding changes in human behaviour. These changes will entail a reduction in our aggressive tendencies and increasing love and compassion for each other. The Zetas foresee that the human collective mind will be supported initially by a technology that facilitates telepathic communication. However, they warn that technologically assisted telepathy is not ideal, since whoever controls the technology may also control the communicator. Therefore, they recommend that telepathy assisted by technology be succeeded by enhanced natural telepathic communication.

A self-aware collective consciousness, which includes telepathic communication and other benefits, is a desirable objective for the human race. It will mean more loving relations among humans, interactions with extraterrestrial beings, and the ability of humanity to join the community of civilizations in the cosmos. The Zetas recognize that the older races will also benefit when the human collective consciousness achieves that self-aware state. Humanity's telepathic abilities, rudimentary as they are, are beginning to interfere with other races. A Zeta described the problem from their perspective, "Let me try to give you imagery. Other races are isolated within spheres. What takes place within those constructs does not permeate into other levels of consciousness. But the humans have their sphere, spherical process is not created yet, so at its infancy. Its consciousness is pervasive. You will need to think on this process."

As the human collective consciousness matures, it will become contained so that it does not intrude uninvited on the consciousness of other races. A Zeta observed, "Once the human race moves to a singular consciousness it will be held in its spherical process which does not bleed into the universe." So at that higher state of consciousness, the human and extraterrestrial races will all benefit.

Most people on earth are not fully aware of extraterrestrial races, and might react fearfully if forced to accept their existence. Jacques Vallee, a noted UFO researcher, proposed in 1975 that the intelligences causing unusual UFO-related phenomena were, in fact, operating a control system. Vallee observed that a "characteristic feature is a constant factor of absurdity that leads to a rejection of the story by the upper layers of the target society and an absorption at a deep unconscious level of the symbols conveyed by the encounter." The control system would gently help individuals change the myths underlying their concept of reality.

It would do this by maintaining a relatively constant level of uncertainty about the causes of phenomena like inexplicable flight characteristics of UFOs. The uncertainty gives people the freedom to deny that the observed "absurdities" violate existing physical laws. A person may choose to remain in denial of what actually happened in order to avoid being in fear. Each individual human could work out for themselves the nature of reality suggested by the mysterious events.

In an <u>interview</u>, a Zeta confirmed that such a control system exists. Further, he revealed that most earth governments have agreed to participate by denying the existence of extraterrestrial races. By so doing, they are helping to maintain the optimal level of uncertainty.

He elaborated further, "Many of the changes that are being made are made slowly. Once the level of understanding has reached a level where participation in those levels of consciousness is sought by humans, then of course plausible deniability will no longer need to exist. But prior to that, the only way to move through the various stages of levels of filtering of consciousness that is a perception of the human mind, is to continually question what is currently presented to the human race. And so yes, there is agreement between the races and some levels of the government in regards to what should be presented. Because if the governments were to make a statement that the races exist, there would be an automated jump for the consciousness of the human race, but in which direction? Would that be one of fear? Would the human mind entertain the thought of fear? It is healthy to question, healthy for the human psyche to question, to perceive, and to question again, as slowly coming to maturity and understanding, because what is to be presented to a race may not be what has been considered before, but may be something that is completely different."

In an <u>earlier interview</u> with a Zeta, a question was raised about official disclosure of the extraterrestrial presence. The Zeta replied, "There have been some complications, sixty to seventy earth years of physical contact of governmental structures. The realm of consciousness did not assist the races to interact with the humans. The level of consciousness that humans have did not support contact. And years gone by, the consciousness increases." Because the general population was not prepared for it, formal contact has been with only government agencies.

Even though the level of human consciousness has been increasing over the years, official contact will not be initiated by humans. The Zeta commented, "Let me say in regards to disclosure, we will disclose on our terms. ... You are a simple race. We do not wish to put you in fear so we must disclose simply." So even though the human race is becoming more prepared to accept the new reality, full disclosure is up to the extraterrestrial races. As long as humans are susceptible to fear, they will disclose "simply", by encounters with individuals rather than more elaborate exposures involving social and political institutions.

The extraterrestrial races do not interfere directly with human society unless they are born as hybrid humans, yet they do produce mysterious phenomena now and then for humans to see. These are inputs to the control system intended to minimize fear as people gradually come to understand a different reality. A Zeta commented on the effect of the control system, "Before loving, is understanding. There are levels to be achieved in consciousness." The understanding encouraged by the control system is a prerequisite for the higher state of love needed to communicate with the extraterrestrial races.

Bibliography

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