

Fields of consciousness

William Treurniet, January, 2022

1. Introduction

For a number of years, the Australian medium, Paul Hamden, communicated in séance environments with extraterrestrial beings of the Zeta race. Since 2012, almost 100 interviews with these beings were conducted by visitors to the séances (Hamden and Treurniet, 2020), and transcripts of the conversations were documented in books and articles (e.g., Treurniet and Hamden, 2019; Treurniet and Hamden, 2021). A topic of particular interest was the idealist cosmology of the Zetas (Treurniet, 2019). The novel concepts of formal and informal fields were introduced, and the meanings of the terms are developed in this article from the available context in the interviews.

The Zetas communicated with the voice of the medium and his linguistic knowledge and abilities. Occasionally they used a word that was given a new meaning. In particular, the phrases, ‘formal field’ and ‘informal field’, were employed in unfamiliar ways. The words were first noticed in an extensive discussion of a model of the spirit realm (Treurniet and Hamden, 2019, Chapter 12). The intended meanings of the words by the Zetas are analyzed in this article.

In the following, direct quotes from the Zetas are rendered in italics.

2. The definitions of informal and formal fields

The spirit realm is said to be a *formal field*, an energetic container that is a holding ground for a consciousness transitioning from one incarnation to the next. The Zeta said, “*The formal structure of the informational field allows a construct to exist, and the belief structure is then that there is a spirit realm.*” The *formal structure* enables the mental construct of the spirit realm container to be experienced as sensations in the thoughts of the inhabitants. On the other hand, an *informal field* enables the quanta of particular objects of matter to exist inside the formal field of the spirit realm. Such matter includes the physical bodies of the inhabitants. The Zeta said, “*The informal fields, the informal structures within the consciousness are seen to be a separate entity. ... Many of the entities in the informational field that is known as spirit realm believe that they are singular entities.*” The informal fields are experienced as sensations and enable the inhabitants and the other contents to be experienced as individuals.

The levels of consciousness in the spirit realm are organized hierarchically. The lowest level holds entities of consciousness known as higher selves. A facet of a higher self incarnates in our familiar physical world as an embodied spirit. As a crude analogy, the being is like a remotely-controlled drone communicating sensory experiences to its higher self.

The next higher level of the hierarchy holds oversouls. A group of higher selves from the lowest level of consciousness converge to form an oversoul. The higher selves are informal fields, and the oversoul is a formal field. As a higher-self consciousness shifts to the oversoul layer, the oversoul becomes an informal field and the oversoul layer above it becomes a formal field. In the Zeta’s words, “*The higher self is the thread, the oversoul is the collective consciousness of the multiple lives of entities. They are also singular in nature and existing infinitely as oversouls.*” From the perspective of any group or oversoul in the hierarchy, the group consciousness is an informal field experienced as an individual. The layer of

oversouls above it is a formal field. The informal field permits creative activity, while the formal field provides a fixed context for such creation.

The inhabitants of the realm are not aware of this hierarchical organization. The Zeta said, *“You will not see this structure when you transition. You will be in unawareness of this state. You will move to a different state of existence and what you have learned in matter may fade away. You will be taken over by the oversoul consciousness process, by the formal field.”* That is, the formal field provides structure for the spirit from the moment of its transition to the spirit realm.

A Zeta was asked to explain why the words, *formal* and *informal*, were thought to be suitable when discussing the different levels of consciousness? They replied, *“Because they are seen to be a subservient structure, not subservient to be in submission, but to be in understanding and right relationship with the next level. The previous levels then become the informal thread with the next possible level being the formal thread.”* The answer re-states the definition of the words already inferred.

The Zeta reminded us that the formal and informal fields of the spirit realm are analogies and should not be taken literally since consciousness is a mental construct. They said, *“Remember that the spirit realm entity does not really have formal parameters or physical parameters. These constructs that we give you are ways for the human mind to understand what exists in consciousness.”*

2.1 Mach’s Principle

The 19th century physicist, Ernst Mach, proposed that inertial forces experienced by a body in nonuniform motion are determined by the quantity and distribution of matter in the entire universe. He and others had the intuition that the components of the universe are interrelated and function as a unit. Such a belief is reminiscent of the formal information field as understood by the Zetas. The Zeta said, *“Larger field holds all information. Formal field, collection of all structures of matter within this universe. Field permeates everything.”* The information in the formal field defines the fabric of new creations in this universe.

The formal field appears to reference properties of our universe that are independent of location. For example, as proposed by Mach, the inertial field affects all matter. Also, particles of the same type, such as electrons or protons, share fundamental electric charges. In the Zeta cosmology, all matter is represented as quanta encoded by a particular range of vibrations. Even the human state of consciousness is characteristic of the Earthly formal field. The Zeta explained, *“A local consciousness is very much a immature consciousness. You all present the same level of consciousness. It is a embryonic process used by consciousness to allow you to exist within this formal function of physicality. It cannot be more than what it is.”*

Informal fields form creations such as thoughts and the quanta of etheric bodies. The Zeta said, *“Information within field is informal field to formal field.”* All created etheric bodies of matter are influenced by the properties relating formal and informal fields.

Mach’s principle, that the physical law of inertia is determined by the large-scale structure of the universe, would be a property of the formal field. A formal field is an all-pervasive phenomenon that distinguishes among realms; for example, the level of vibration encoding matter. A Zeta distinguished their race from the human race when they said, *“We are a formal thread of different frequency.”* The formal field constrains informal fields which may be specific thoughts encoded in created etheric bodies. The etheric body, which represents the shape and the chemical composition of a form of matter, is not independent of

the larger formal field since “*Field permeates everything*”. In general, the informal and formal fields specify together how matter is encoded and interacts with other matter.

3. Discussion

All that exists, including the Zeta race and the human race, is ultimately total consciousness. The spirit realm of the human race and the realm of the Zeta race is each a formal thread at its highest possible level of vibration. Even non-physical races exist in their own formal threads. Only informal threads of the physical races continue to incarnate in such structures. However, the physical races eventually achieve a level of awareness where interaction with matter ceases.

A Zeta briefly described the hierarchical organization of the spirit realm, “*The higher self is the thread, the oversoul is the collective consciousness of the multiple lives of entities. They are also singular in nature and existing infinitely as oversouls. And so to simplify this process, this group of human entities could easily belong to one oversoul. Each thread becomes a formal field.*” Entities in the spirit realm are not aware of this structure. When they transition to the spirit realm, they are “*taken over by the oversoul consciousness process, by the formal field.*”

According to the Zetas’ model of the spirit realm, each level of awareness is an informal thread, but only in the context of the formal thread above it. The lowest level has many ‘higher selves’ separated into facets known as spirits which may choose to incarnate in physical form. These higher selves merge into formal oversoul threads in the next level above. Similarly, as the focus of attention rises to a higher-level oversoul, it becomes an informal thread and the next level of oversouls becomes the formal thread. The activities of the informal thread occur in the fixed context of the formal thread above. Many informal threads merge into the formal thread of an oversoul. An infinite succession of formal threads reaches up to the root of the consciousness hierarchy in this manner.

A particular entity existing at any location in the hierarchy might possibly change itself and raise its level of vibration. Given a large enough shift, the existing formal field would then become the informal field and the next level would become its formal field. However, the Zeta cautioned that the spirit realm hierarchy does not really have formal or informal parameters. Such words are analogies for what really exists. In the hierarchical model, more and more of the structure of consciousness is included as the focus of attention moves to higher levels of the hierarchy.

The collective consciousness of humanity, as well as other races, is undergoing a process of containment so as not to interfere with the collective minds of other more mature races. A Zeta said this was part of a formal process of change. That is, such containment appears to be an ongoing process under the control of the higher-level formal thread and may be seen as the normal evolution of consciousness.

4. Bibliography

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